



November 15, 2010

# IVHInsights

## NEWS FROM VOLUNTEER SERVICES

by Diane Lemker

The American Legion Auxiliary is sponsoring their annual ALA Christmas Gift Shop on December 7 and 8. IVH residents will be able to select gifts for their loved ones – the gifts, wrapping and shipping are provided by ALA, so there is no cost for the residents. Members of ALA and the American Legion will be in the Malloy LRC those days to help residents. IVH Recreation Therapists and Social Workers will also assist. Unit Social Workers have worked to make sure any resident who wants to participate has completed a form and turned it in to Pat Williams, our ALA Hospital Representative.

Residents have also completed their own Christmas Wish Lists; Volunteer Services has begun shopping for them. We are able to provide Christmas presents for every resident through generous donations by groups and individuals from around the state.

*Pictured above: Brig. Gen. Orr, Commandant Worley, Adjutant Freeborn, IVH Chaplain Nelson at the Veterans Day Ceremony*



## Commandant's Corner

Since we just celebrated Veterans Day, I thought a little military history would be appropriate. During the Revolutionary War, the Continental Congress established different oaths for the enlisted men of the Continental Army. The first oath, voted on 14 June 1775 as part of the act creating the Continental Army, read: "I [name] swear (or affirm as the case may be) to be true to the United States of America, and to serve them honestly and faithfully against all their enemies, opposers, whatsoever; and to observe and obey the orders of the Continental Congress, and the orders of the Generals and officers set over me by them."

The 1775 enlistment oath was changed in 1960 by amendment to

Title 10, with the amendment (and current wording) becoming effective in 1962. This is the current oath of enlistment: "I, [name], do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the orders of the officers appointed over me, according to regulations and the Uniform Code of Military Justice. So help me God."

There are many men and women who voluntarily take that oath every day. We call them Patriots! Please remember them in your prayers.

*Commandant David Worley*

## Honor Flight Panel Discussion & Reception a Success!





## Heinz Hall Update

by Diane Blackburn,  
Social Worker III

Policy 202A, Residential Level of Care Services, has been approved. The purpose of this policy is to define the services provided at Heinz Hall which include transitional services and residential services

Transitional Services assist individuals in moving back into their community of choice. The resident's team will assist them with developing their optimal discharge plan.

Residential services are provided for individuals who, at this point in time, are not able to live independently but do not require nursing level of care.

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## News from Performance Improvement by Jim Elliott

As I travel around the Iowa Veterans Home I get questions from staff and residents about the term “person-centered care.” This is the term that is used by many to describe how care can best be provided to meet the needs of those living in long-term care. To me, this care can best be defined as care that is centered on the pattern of life the individual enjoyed before entering the Iowa Veterans Home.

Person-Centered Care also focuses on the resident's needs, experiences, values, history, and ensures that individual choice directs lifestyle, care, systems and daily routine.

It is this care that is developed in the care conferences held on units by the Interdisciplinary Resident Care Committee (IRCC) along with the resident and their family members. And this care plan is a collaborative effort by all parties that ensures that the plan developed is the best one possible.

I believe that this is the type of care plan that is being developed and followed here at IVH. I also believe that we have an opportunity to improve how we do care plans as we move forward with the culture change efforts that we are making here.

## Volunteers are Super Stars at IVH!



Volunteers from the Marshalltown area and all across the state of Iowa sponsor, plan, and assist with events at the IVH. They donate money and items and they volunteer their time to help improve the lives of IVH residents. Without the support of local and state-wide volunteers, IVH wouldn't be able to provide the special touches that make the Iowa Veterans Home the “home of choice” for Iowa veterans and their spouses.

## Nursing Department by Sarah Workman

The Nursing Department is actively working on preparation for the upcoming VA survey, with increased focus on last year's areas of concerns: PRN effectiveness for pain; call light response time; storing of food in the medicine refrigerators; and staffing methodology.

Additionally, we are updating all nursing staff with recent changes regarding our restraint policy, head injury assessments, implementation of

additional elopement monitoring (yellow dot), as well as moving toward SOAP documentation format.

Would like to take this opportunity to say a big “thank you” to all our Veterans and their families for their dedication and sacrifices; we wish them a safe and happy Veterans Day.

In addition, we'd like to wish a Happy Thanksgiving to all our residents and staff.



## Facilities Management *by Kathy Shannon*

The Dock Day Room Expansion Project (*pictured right*) seems to change almost daily. In anticipation of the impending weather change, the contractors are working very hard to get the outside of the building completed. The windows are being installed and every attempt is being made to get the building enclosed as soon as possible. The sidewalk has been demolished and the new concrete roadway has been installed.

The Phase 1 Project is also continuing at a steady pace. The last household in the Ulery building has been shingled. Work is continuing at different phases in all households in the Ulery building. Temporary entry doors will be installed soon in anticipation of winter weather. The contractors have installed temporary heating units to keep the units warm as they apply paint and an acoustical spray in the hearth rooms and kitchens.

The interiors of the Fox Building (*pictured below left*) are fast approaching completion. This month, the contractors will begin limiting access to portions of the building so that flooring may be installed. Household 4 will have flooring completed by the end of the month and 3 will be completed by the end of December.



The final renovation of the Malloy elevators is continuing. The final car in Malloy should be completed in approximately two weeks. Then the contractor will go back and one at a time, replace the flooring in these elevators. It has seemed like a long process, but we are nearing the end of elevator renovation in Malloy. Mirrors are being installed in each elevator to assist everyone as they enter and exit the elevators. The final Dock elevator renovation is tied in with the Dock Expansion project. The expectation is that it may be approximately six to eight weeks before the final elevator is complete.

The Bulk Oxygen Relocation project (*pictured below right*) is nearing completion. The removal of the old tank has occurred and landscaping will be scheduled soon. If all works well, this project should be completed by the end of the year.

The Dietary Floor Replacement Project bids were submitted on the October 29. The contract has yet to be awarded. The lighting project in Dock to convert the lights from the old T-12 bulbs to a more energy efficient T-8 bulb will begin soon. Maintenance is putting together the schedule and will have the timeline out to any affected units as soon as possible.



## Costume Contest Winners



### FIRST PLACE

Rachel Ramirez  
"The Old Lady Who Lived in a Shoe"



### SECOND PLACE

Deb Detrick  
"Just Plain Scary"



### THIRD PLACE

Darcie Lunsford  
"Vampire Queen"

## Technology Department Updates *by Carol Ward*

### IVH IT DEPARTMENT'S FAVORITE BLACK FRIDAY SHOPPING SITES

What are your plans for "Black Friday"? As you probably know, the Friday after Thanksgiving has become known as "Black Friday." Although Black Friday, as the first shopping day after Thanksgiving, has served as the unofficial beginning of the Christmas season at least since the start of the modern Macy's Thanksgiving Day Parade in 1924, the term "Black Friday" has been traced back only to the 1960's. The term *Cyber Black Friday* refers to online retailer's Black Friday promotions.

To help you with your shopping endeavors on "Black Friday" we'd like to share our favorite internet shopping sites – (just remem-

ber, the use of IVH computers for this purpose is prohibited)

- Newegg.com  
(special "Black Friday" link:  
[http://promotions.newegg.com/black-november/Mon110810/index.html?nm\\_mc=KNC-GoogleAdwords&cm\\_mmc=KNC-GoogleAdwords-\\_-BlackNovember-\\_-SiteLinks-\\_-NA](http://promotions.newegg.com/black-november/Mon110810/index.html?nm_mc=KNC-GoogleAdwords&cm_mmc=KNC-GoogleAdwords-_-BlackNovember-_-SiteLinks-_-NA) )
- Amazon.com
- Buy.Com
- Walmart.com
- BestBuy.com
- Staples.com
- Dell.com
- BFads.net





## IVH Website Calendar

Submit your event information on the IVH website calendar. It's quick and easy and the calendar is available to staff, residents, and the community. Log on to [www.iowaveteranshome.org](http://www.iowaveteranshome.org) and click on "Calendar" to begin.

## Upcoming Events

Day	Date	Time	Event	Location
Thurs	11/11	10:30 am	Annual Veterans Day Program	Malloy LRC
	November 15 – December 16		Toys for Tots Collection	
Thurs	11/19	9:30-10:30am, 1-2 pm	Hospice Presentation – Dr. Minear	Whitehill
Mon	11/29	9am-3:30pm	Paid Nutritional Assistant Class	Dack Ed Room
Sat	12/12	11 am	Wreaths Across America Program	Malloy LRC
Sat	12/12		IVH Family Day	

## November is National Hospice Month

## Announcements

The Resident Council would like to thank all the volunteers and buyers who helped make our book sale a success. Our three-day sales total was \$321.65. Special thanks to Jim Smith, Steve Burke, Eric Pederson, and Jim Robinson who helped with the books and heavy boxes. Eleanor Twiselton, Resident Council Secretary/Treasurer

I would like to say **THANK YOU** to all the staff on the units, Randy Inhelder, social workers, Marshall Co. auditor's office teams and anyone else who assisted in the General Election for the residents. The process was very time consuming and with their help we got it done. I would also like to thank the residents for their time and patience; we had approximately 253 residents who voted! Sue Sumpter, Resident & Family Services

**AEROBICS CLASS** is held on Mondays & Wednesdays from 4:45-5:45 p.m. We'll start out with low impact kickboxing this session with body shaping using exercise balls, bands and/or free weights. Cost is \$1.00 per class/\$8.00 a month/FREE for Fitness Room members. Fitness Room is FREE for aerobic class members. To sign up call Diana Stonewall at X4437 or Denise Ulery at X4555.

**Bell Ringers Needed!** This year, we will be ringing bells for the Salvation Army at Hy-Vee on Saturday, December 18 from 9 am to 5 pm. One hour slots can be reserved by calling Jim Elliott at ext. 4599. Last year, IVH resident and staff bell ringers raised \$715.83 for the Red Kettle campaign.

## Annual Toy Drive

The Iowa Veterans Home will again be collecting toys for the Marine Toys for Tots Foundation. Boxes are at the IVH Switchboard (Sheeler) and the IVH Library (Malloy). Please bring your new, unwrapped toys to either of these collection sites between November 15 and December 16. These toys will be distributed to needy children in the area.



## Business Services Update *by Greg Wright*

We are currently awaiting further clarification concerning hiring and discretionary spending directives from the Iowa Department of Management and the Governor's Office. There will probably be a lot of talk in the public arena about changes to state government operation (discretionary spending, hiring, etc.); until we are directed to implement changes, that is all it is, just talk. As we are directed to make changes to our current budgeting and hiring processes, I will try to address these in this update section.

In the interim, the IVH budget committee has requested all departments to identify unfilled/new positions and bring these to the Committee's attention for possible action. The Committee plans to review these lists at their next meeting. IVH is hopeful that we may be allowed to refill some positions and we will be investigating that further with the Iowa Department of Management.